



CPC Family Guide

Empowering Families to Raise Children to their fullest Potential

CPC Partners:

Any Baby Can
 Austin Child Guidance Center
 Austin Travis County Advocate Program
 ARC of the Capital Area
 Austin State Hospital
 Austin/Travis County Mental Health Mental Retardation Center (ATCMHMR)
 Austin Independent School District
 Caring Family Network
 Texas Federation of Families for Children's Mental Health Lifeworks
 Merridell Achievement Center
 Pflugerville Independent School District
 Presbyterian Children's Home Region XIII Service Center
 Seton Shoal Creek Hospital
 The Oaks Treatment Center
 The Children's Partnership
 Texas Commission for the Blind
 Texas Rehabilitation Commission
 Texas Youth Commission
 Texas Department of Health
 Texas Department of Family & Protective Services
 Travis County Juvenile Probation Department
 Texas Mentor
 Texas NeuroRehab Center
 Travis County Health and Human Services & Veterans Service
 TRIAD

What is CPC?

- CPC is a community group that meets with families to create an individualized plan to support the child and family.
- CPC is a partnership between families and the community to support the success of children with complex needs.
- CPC recognizes the essential value of families as partners in supporting these children's success.
- CPC acknowledges the parent's expertise and dedication regarding their child's complex needs.

How can CPC partner with my family?

- Create a plan for child and family's success
- Identify available community resources for child and family
- Strengthen child and family's support systems
- Empower child and family to reach their fullest potential

Why do the CPC partners participate in the meeting?

- They want to partner with children and families for success
- They believe that as a community CPC can support a family in creating a plan that will be successful by bringing together the right people with the right resources.
- These members provide ideas and resources, knowledge and expertise, and passion for children and families.

What happens after a referral to CPC?

- Family will receive a call from either a CPC coordinator or the referring agency to:
 - Ask if the family is interested in participating with CPC
 - Gather Information about child and family
 - Answer any questions family may have
 - Discuss next steps
- Complete a Referral Packet
 - Packet completed by family and referring agency
 - Family and referring agency gather documents for referral packet
 - Packet will include information on child and family's history, strengths, challenges, and successes.

- Packet submitted to CPC coordinator
- CPC meeting is scheduled

What happens at a CPC Meeting?

- Parent attends meeting
- If desired parent brings support person
- Each family meets with the group for 25 minutes
- Parent and/or agency representative briefly tells about the child and family's, strengths, current challenges, successes, and wants
- At the meeting the parent and the group will create a plan for the child and family
 - CPC members may ask questions
 - CPC members will share information
 - Resources will be identified
- The plan will be developed, shared verbally, and include tasks, resources, and the persons responsible for each task
- A CPC partner is identified to work with the family regarding their plan
- Supports available at meeting are:
 - Child/Family's referring agency partner
 - CPC coordinator
 - Parent partners of CPC

Next Steps with CPC

- Family, the CPC partner, and others will put the plan into action
- CPC coordinator will be available to trouble-shoot the plan
- CPC coordinator will update CPC members on the progress of the plan monthly
- Family will be asked to participate in a survey evaluating CPC
- Family, and/or the CPC partner can request an additional CPC meeting by contacting the coordinator

Contact Person(s):

Referring Agency Staff _____ Phone _____

CPC Coordinator _____ Phone _____