



## AUSTIN TRAVIS COUNTY MENTAL HEALTH MENTAL RETARDATION CENTER

### CRISIS REDESIGN: AN UPDATE #1

#### **Planning for Crisis Mental Health Services has been ongoing in Austin/Travis County for the past several years.**

- The Psychiatric Services Stakeholder Committee (an ad hoc group convened by Travis County Healthcare District in early 2006) continues to meet and provide guidance and oversight for the implementation of the service design.
- This group will be instrumental in providing ongoing support and collaboration during Crisis Redesign.
- Members include: The Travis County Healthcare District, Austin Travis County Mental Health Mental Retardation Center (ATCMHMR), Seton Health Care Network, St. David's Hospital, St David's Community Health Foundation, Travis County Commissioners' Court, Travis County Probate Court, City of Austin, and Austin City Council.

#### **The Local Crisis Redesign Plan was submitted to TX. Department of State Health Services (DSHS) in two parts.**

Part I, referred to as The Crisis Redesign Plan was submitted on 10/31/2007. Elements of the first submission (required by DSHS) include:

- Expansion of the Mobile Crisis Outreach Team (MCOT)
- Accreditation of the Crisis Hotline by the American Association of Suicidology (AAS). This requires additional licensed staff/training and technology.

Part II, referred to as The Crisis Redesign Plan Update was submitted on 12/28/2007. Elements of the second submission (required by DSHS) include:

- Upgrade of the 16-bed Crisis Respite Program (the Inn) to Crisis Residential. (Changes include higher staff-consumer ratio, increased case management, psycho-social programs.)
- Crisis Respite contract development for children/adolescents and developmental disabilities/mental illness.

#### **Activities to date are noted below (see attached timeline submitted to DSHS with The Crisis Redesign Plan Update):**

1. Positions advertised for Mobile Crisis Outreach Team expansion
2. Positions advertised for increase in coverage for Crisis Hotline
3. Center joined the AAS
4. Center applied for accreditation with AAS as a crisis center
5. Meetings with children's crisis providers to develop contracts
6. Eight staff members currently attending certification training with AAS trainers
7. Three staff scheduled to be certified as AAS Trainers
8. Additional staff hired for Crisis Residential Program
9. Program changes instituted at Crisis Residential Program including institution of visiting hours, required passes for leaving premises, psychosocial training protocol developed.
10. Clinical training program started at the Crisis Residential Program
11. \$644,392.00 (60%) of Crisis Redesign Funds received in mid December 2007