



Citizens' Planning Advisory Committee (CPAC) Minutes

DATE: Thursday, November 9, 2006
TIME: 12pm.
PLACE: Training Room 1
1700 South Lamar Blvd.
Austin, TX 78704

MEMBERS PRESENT: Kathy Boas, Kelley Chou, Henry McMahon, George Pederson, Liz Shelby, Ludivina Zambrano
STAFF PRESENT: Tommie Calfee, Arturo Hernandez, Marietta Noel, Lisa Quinn, Sally Spill, Mildred Vuris
GUESTS PRESENT: None

1. **Meeting Call to Order:** Meeting was called to order at 12:12pm.
 - A. **Introductions:** Henry McMahon introduced Tommie Calfee, Volunteer Coordinator.
 - B. **Opening Remarks:** Mr. McMahon thanked Liz Shelby for chairing the October meeting.
 - C. **Citizens' Comments:** Pat Herndon stated the public should pay attention to publications in regards to the use of pharmaceuticals in behavioral and mental health disorders and question the efficacy of the drugs. Kelley Chou reported his son found new employment through WorkSource and feels that the ATCMHMR system benefited his situation. Henry McMahon attended a forum sponsored by the League of Women Voters and stated there was an alarming need for child psychiatrists.
2. **Approval of the Minutes from October 12, 2006 Meeting:** Minutes from the October meeting were approved as submitted.
3. **Presentations: Tommie Calfee, Volunteer Coordinator:** Ms. Calfee spoke to the committee about her position and gave a background of her employment history. Ms. Calfee is actively recruiting volunteers to help at the Center and will look for potential CPAC members. Although relatively new to the Center, Ms. Calfee is expanding her role and becoming acquainted with all aspects of the Center and its volunteer needs.
4. **Reports:**
 - A. **Board Liaison:** No report was given.
 - B. **Staff:** Sally Spill reported two Recovery Specialists were hired to work with Behavioral Health staff and peer-to-peer groups. The part-time employees will also work with the Consumer Council and its newsletter. Ms. Spill reported the open house for Project Recovery will be on November 20, invitation will be sent out electronically. Three people are currently receiving services through the program. Mildred Vuris stated the Center was establishing an interim solution for crisis services. The interim model will include continued funding of three beds at Seton

Shoal Creek and possibly a mobile outreach team. Two positions at Psychiatric Emergency Services have been added. Ms. Vuris also reported on the state model for crisis redesign. The Center is working with the Mental Health Association to get support for crisis services. Approximately \$82 million is allocated for the years 2008-2009 although the state is not making commitments as to where the money will be spent. A recent newspaper article stated the Center used more beds than authorized by the state. Center is disputing some of the charges and has received support from the Travis County delegation and local law enforcement on the need for increased services. Committee members and the public were invited to the Center sponsored Legislative Forum on December 12 and the 40th Anniversary Celebration on December 6. Pertaining to the committee re-structuring, the reorganization will be put on hold until after the legislative session.

Marietta Noel reminded members of the upcoming Central Texas African American Family Support Conference on February 10. Keynote speakers will be Jocelyn Elders, Michael Livingston and Julia Boyd.

C. Officer: Chair Henry McMahan:

D. Committee: No report was given.

E. Other: Arturo Hernandez: Mr. Hernandez provided information on the NAMI Walks event on November 18. The public may participate by walking or sponsoring (at any level). It was reported that Liz Shelby was walking as part of the PLAN team.

5. Old Business

A. Election of Officers: A nominating committee was created at the end of the last meeting. Not all potential officers had been contacted so the position of 2nd Vice Chair will be voted on at the next meeting. Liz Shelby was elected as Chair and Kelley Chou as 1st Vice Chair. Henry McMahan will remain as liaison to the Network Advisory Committee.

B. Provider of Last Resort: Center staff Lisa Laky and Eric Blumberg have been attending the meeting. Mildred and Kelly Chou will continue to bring updates in the future.

C. Bylaws Discussion: This item was deferred to the next meeting.

6. **New Business:** There was no new business to discuss.

7. **Board Recommendation:** There were no Board Recommendations.

8. Adjournment:

A. Announcements: The Mayor's Mental Health Task Force Monitoring Committee's School and Youth Subcommittee will be presentation at the Austin Independent School District on November 13. The Community Action Network is sponsoring a mental health screening on November 18.

B. Next meeting: January 11, 2007.

C. Adjournment: Meeting adjourned at 1:45pm.

Liz Shelby, Chair

Lisa M. Quinn, Recording Secretary