



Austin Travis County Mental Health Mental Retardation Center

**Consumer Council Annual Plan
October 2005**



Austin Travis County MHMR Consumer Council Annual Plan September 2005-August 2006

Consumer Council Annual Plan Overview

The Consumer Council Annual plan outlines the goals and primary activities for the Council for FY06. In July of 2005, revised by-laws were adopted which included the development of an annual plan. The Consumer Council is comprised of consumers of behavioral health and developmental disability services. The membership is not limited to those receiving services from the Center; the Council welcomes and encourages participation from all consumers.

The Consumer Council has adopted the following mission statement:

The Austin Travis County Mental Health Mental Retardation (ATCMHMR) Consumer Council will help increase consumer and family involvement in all activities of the Center in order to improve planning, services, and quality management at ATCMHMR.

In keeping with the Consumer Council mission statement, goals and activities for FY06 address the following areas:

- ✓ Educating consumers and family members;
- ✓ Increasing involvement of consumers and family members in Center activities; and
- ✓ Promoting public awareness of mental health issues in Travis County.

An update on the progress of the Annual Plan will be provided in March 2006.



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Consumer Council Annual Plan				
Goals	Objectives	Activities	Timeline	Progress
1. Increase involvement in the African American Family Support Conference.	1.1 Provide a mailing of flyer on conference to targeted consumers.	Develop mailing list. Send flyer to targeted consumers.	January 2005	
2. Increase involvement of consumers in ATCMHR workgroups and committees.	2.1 Recruit four consumers to participate in workgroups or committees.	Identify workgroups or committees needing consumer involvement. Conduct outreach activities to consumer community. Recommend consumers for appropriate advisory committees.	Ongoing	
3. Promote mental health month through a community-based seminar.	3.1 Sponsor one community seminar on mental health issue.	Work with the community planning groups to identify need. Promote seminar to the community.	March-May 2006	



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Goals	Objectives	Activities	Timeline	Progress
		Host seminar at ATCMHMR site.		
4. Host annual social event for Consumers.	Provide one (1) holiday social event for consumers.	Identify type of event. Identify costs, and location. Find one (1) sponsor. Schedule, promote, and host event.	November-December 2005	
5. Increase education regarding Medical I.D. bracelet identifying mental health disorders.	Disseminate information on the bracelet electronically and in written form.	Provide information on the bracelet via the web, site, <i>Consumer Gazette</i> , to the SHAC, etc.	September-October 2005	